Glenbrook Rest Home

Newsletter September 2008

Hello everyone.

Spring and summer seem to be on their way. The days are getting longer and temperatures are definitely on the rise. We thought we'd fill you in on some of the things that have happened since our last newsletter in June.

We have welcomed new staff members Leah Harvey and Ella Kaag who are both experienced caregivers, having worked previously at Waiuku Estuary Village. Also new is Margaret Maxwell who is doing one night a week.

The new and revised Aged Care Education (ACE) Programme has been released and four of our

caregivers have started this course. Training never stops!

As part of the certification process, the rest home has had two audits, checking that we're doing things correctly. Mainly minor things were picked up on, most of which will have already been rectified by the time you read this newsletter. A thank you to all the staff who have been supportive in making this happen.

Attached is a summary of the results of the survey included with the previous newsletter. Thank you to all those who responded. We were very pleased with the results.



Marcy the dog from SPCA's Outreach programme on its monthly visit with residents Daisy, Phyllis and Harry.

On a slightly sadder note, all four chickens that featured in our March 2008 newsletter are no longer with us. They have all been eaten by a dog from down the road. The dog (a very friendly one nevertheless) liked the chickens too much and has been moved to another home. In the meantime, resident Sybil's daughter has supplied us some more chooks: Flopsy, Mopsey, Cottontail and Peta. All frizzie ones



Our activity programmes are very popular and more and more residents come to the lounge to join in, making the lounge too crowded. To make more room we've removed the old bulky TV and installed a modern wall mounted flat screen model. More on activities by Corinne at the end of this newsletter.

Glenbrook Rest Home

Please note in your diaries that we have planned the Xmas carols evening on 2 December. An official invitation will be sent out closer to the date.

We (finally) have filled all 19 beds, first time since we've taken over. We were starting to wonder what we were doing wrong!

We are also fully staffed and hope this continues to be so. We are lucky to have a positive team who have the residents wellbeing at heart. Without them we'd be lost.

As always, feel free to approach us with any concerns or questions you might have. Give us a ring or call into the rest home. Thank you for your support.



Is this the shape of things to come?

Please pass this newsletter on to other relatives or friends who might be interested to come to Xmas carol evening.

Sharon and Peter.

Hello everyone,

Thought I would take this opportunity to introduce myself. I'm Corinne McCormick and have been Activities Co-ordinator here at the Rest Home since June.

I have had a lovely few months getting to know all our residents and staff and am really starting to feel part of the family!

We have our most popular activities during the week, such as Bowls, Mini-golf, housie and Quiz's, but I have also added some new ones. We have a thriving group of scrabble players and have also been learning some new card games. We are making a selection of Christmas Items which will be available for sale at the beginning of November.



Playing housie from left to right: Thelma, Valda, Vi and Irene

We have been on a few afternoon outings, the Art Exhibition at Pukekohe, Housie at Estuary Village, a trip to New World, a drive out to Karioitahi and Clarks Beach and the usual Senior Citizens afternoon every month. We are planning a day trip to the Botanic Gardens, but will have to wait for more settled weather. Our next outing is to the Positive Ageing Expo in Pukekohe on Sept. 26th (I'm sure I can learn a thing or two!!!).

I look forward to meeting you all.

Corinne.