

## Newsletter September 2016

Hello everyone. Bring on the warmer weather. Wow! Time to start planning for Xmas! We are going to trial our Xmas party on a Saturday afternoon this year so we have made a date 10<sup>th</sup> December. Put in your diaries.

### Staff

Caregiver Paula Gee has been on maternity leave since April this year and is looking after her baby daughter. Caregiver Donna, after having been doing one shift a week for a while, has now relinquished that as well and become a full time student. We wish her well with her nursing studies. In the meantime Bonnie has joined us caregiver. Welcome aboard.

### Renovations

The internal upstairs renovations are practically finished, the outside needs a bit more work which we hope to get done soon.

### Animals

Sharon and Tai are making progress with agility. They have just gone up one class. Toby continues to show signs of small improvements from his paralysis in Dec 2014. He is now able to do little jumps, which is very promising. It would be so nice if he was able to return to do the agility he enjoys so much. Time will tell. Pesha just enjoys being a dog and have her tummy rubbed by residents.



Mid Winter Xmas Lunch

### Survey

Thank you to those of you who completed the annual Resident Relative Satisfaction Survey. We received only five replies. Disappointing, but we assume all non-respondents are happy, otherwise they would have taken the trouble to convey any concerns. Next year we may try a different approach to get more feedback.

In general everyone was happy. Sometimes a clothing item goes missing, but it is usually found in someone else's drawer. I don't think we can ever 100% prevent this from happening.

As usual, the rough driveway was mentioned. We will do some work on this very soon.

### Phone Calls

At our resident meeting the other day it was brought up that as more residents have cell phones now, it is an issue that some residents are talking on them at the table and during activities. As this is not polite to other residents we have asked that they keep cell phones in their walkers or rooms.

On the subject of phone calls, we often defer incoming calls if residents are having a meal or are in the middle of an activity. As well as being distracting to other residents, the resident may not be able to hear properly because of background noises.

We do welcome phone calls, but please time your phone calls to minimise disruption and interruption of the residents' favourite activities.

As a reminder, meal times are: Breakfast 8 AM, Morning Tea 10:30 AM, Lunch 12:30 PM, Afternoon Tea 3 PM, and Dinner 5 PM. Activities are Mon-Fri, 11 AM to 12:15 PM and 1:30 to 3 PM.

## Audit

We had MOH spot audit in August. Everything was good except for a minor thing regarding our medication charts. So we are very pleased and well done to all our staff for assisting us in achieving this. You can view the audit report on MOH website soon. We are going to change over to a computerised medication chart system, instead of paper based. The future is here, so to speak.

## Health and Safety

We want you to be aware that the big main deck is slippery when wet. There is no easy way to prevent it from getting slippery in the wet, so please be mindful.

## Infection Control

Even though Winter is nearly finished, bugs are still lurking. Just a reminder we have alcohol hand hygiene gel around the rest home. Please use upon entering and leaving the facility. Residents have got into a good habit of using this before meals.

## Activities

Hello everyone,  
Thank goodness Winter is (almost) behind us and we can now look forward to some warmer drier weather. Most of our activities have been indoor for the last few months with Mid Winter Xmas Dinner in July and a couple of bus trips out locally.

I would like to personally welcome Kelci as my co-partner activities coordinator. Kelci is here Thu-Fri and I continue to work Mon-Wed. Kerry wanted to concentrate on her Art Gallery at Pollok as the upcoming season will be busy so decided to leave us at the end of April.

We have a few things planned for Spring. The first will be a trip to the Botanic Gardens in Manurewa to see all the spring flowers.

We have a couple of new entertainers monthly which is lovely. We all enjoy a good sing-along. First Monday of the month Jan, Lil and Neil come and sing and the 'Joymakers' are here in the afternoon about every six weeks. We thank these lovely people for their time as they are much appreciated by our residents.

Just the other day we had a residents' meeting where we discussed issues residents might have. Most residents were present, as well as Corinne, Kelci, Sharon and Peter. All was good. Looking forward to seeing you all in the coming months.

Corinne.

Please feel free to forward this email to friends or family who may enjoy reading it. It is also available on our website [www.gbrh.co.nz](http://www.gbrh.co.nz).

That's all from us, till next time.

Kind regards from Sharon and Peter and the team at Glenbrook Rest Home.

